



Republic of the Philippines

Department of Education

REGION III- CENTRAL LUZON SCHOOLS
DIVISION OF SCIENCE CITY OF MUÑOZ

December 18, 2023

SCHOOLS DIVISION MEMORANDUM

No. 448, s. 2023

CONDUCT OF SCHOOLS DIVISION PSYCHOLOGICAL FIRST AID TRAINING FOR SCHOOLS DIVISION OFFICE AND SCHOOL PERSONNEL

To: Assistant Schools Division Superintendent
Chief Education Supervisors
All Public Elementary and Secondary School Heads
All Others Concerned

1. The Schools Division Office through the School Governance and Operations Division will conduct a Psychological First Aid (PFA) Training on December 21-22, 2023 for select SDO and School Personnel at Tagaytay, Cavite.
2. The activity aims to:
 - to reduce psychological distress by providing a caring comforting presence, and education on common stress reactions;
 - to capacitate the participants with knowledge and skills on how to conduct PFA to personnel who maybe struggling with traumatic after-effects of disaster; and
 - to enhance the ability of participants to recognize their own stressors and manage their own physical-psycho-social health through self-care
3. The participants from schools shall pay a registration fee amounting to *Four Thousand Pesos Only (4,000.00)* chargeable against School MOOE and/or other local funds subject to usual accounting and auditing rules and regulations.
4. Enclosed are the following:
 - Enclosure No. 1 – List of Participants
 - Enclosure No. 2 – Matrix of Activities



Address: Brgy. Rizal, Science City of Muñoz, 3119

Telephone No.: (044) 806-2192; Email Address: munozone.science.city@deped.gov.ph

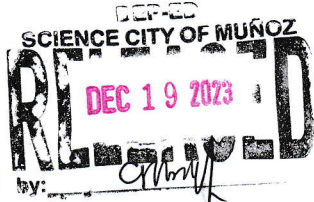


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5. Immediate and wide dissemination of this Memorandum is desired



JOHANNA N. GERVACIO PhD, CESO V
Schools Division Superintendent

Encl: As stated

Reference: none

To be indicated in the Perpetual Index

Under the following subjects:

OPLAN KALUSUGAN SA DEPED

MCC/capacitybuilding ok sa deped

17/December 19, 2023



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Enclosure No. 1 to Schools Division Memorandum No. 448, s. 2023

PSYCHOLOGICAL FIRST AID TRAINING MATRIX

Day 1 (December 21, 2023)

TIME	ACTIVITY / TOPIC	IN-CHARGE
8:00AM-8:15 AM	National Anthem / Invocation / DepEd Muñoz Hymn	AVP
8:16 – 8:30 PM	Checking of attendance	ENGR. ALVIN D. TANGONAN DepEd Engineer
8:31 – 8:50 PM	Messages	DR. ERLEO T. VILLAROS Asst. Schools Division Superintendent DR. JOHANNA N. GERVACIO, CESO V Schools Division Superintendent
8:51 – 9:00 AM	Statement of Purpose	DR. BERNARDO A. GARGABITE Chief ES - SGOD
9:01 – 12:00 PM	<ul style="list-style-type: none"> • What is Psychological First Aid • Objectives of PFA • Preparation for PFA • 8 core actions 	ALMA MAE GIOKETO
12:01 – 1:00 PM	LUNCH	
1:01 – 5:00 PM	<ul style="list-style-type: none"> • PFA Action Principles • Connect with compassion • Affirm with affection • Respond with Resilience 	ALMA MAE GIOKETO



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Day 2 (December 22, 2023)

TIME	ACTIVITY / TOPIC	IN-CHARGE
8:00AM-8:15 AM	National Anthem / Invocation / DepEd Muñoz Hymn	AVP
8:16 – 8:30 PM	Checking of attendance	JOEL G. DIZON Education Program Specialist II
8:31 – 12:00 PM	<ul style="list-style-type: none">• Kumustahan• Coping in the aftermath of a disaster• Behavior and effect• Choices in life• Priority test	MERCEDITA D. SALDERO Education Program Supervisor
12:01	TRAVEL	



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Enclosure No. 2 to School Division Memorandum No. __, s. 2023

No	Name
1	Melanie N Aquino
2	Margarie Lucero
3	Michelle T. Jayme
4	Marichele Mercurio
5	Emmanuel Alvarez
6	Cecilia Alvarez
7	Elvierita O. Paclibare
8	Madelyn D. Ilagan
9	Rosario M. Sapitan
10	Norma R. Framo
11	Emily I. Fernandez
12	Dominador M. Orpilla
13	Rod Herbert C. Castillo
14	May P. Padilla
15	James Patrick S. Barias
16	Marites D. Ringor
17	Pepito D. de Guzman
18	Jocelyn R. de Guzman
19	Christian U. Dela Cruz
20	Jhon del Mundo
21	Jhon D. Galera
22	Genalyn Bueno T.
23	Jordan Nicodemus
24	Edwin T. Manuel
25	Anne Christian Francisco
26	Rona Mae Cruz
27	Felerma Urbano
28	Leilani Tidalgo
29	Divina M. Capinpin
30	Joanna Marie D. Torda
31	Maricel D. Gilvoligaya
32	Alona A. Gascon
33	Alicia Santos
34	Jocelyn Regpala



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35	ACOSTA, ANN CATHLYN
36	CORNEJO, ARNELSON
37	MAGNO, JEAN
38	MANGAWANG, JOMEL
39	SUNGA, ALAIZA MARIE
40	BERMUDA, FHRIESSY CRUZ, II
41	REYES, RICK JEFFERSON
42	SAPITAN, JESSICA
43	MANGALINDAN, MINDA
44	TABING, JOHANN
45	VILLAROS, ERLEO
46	VILORIA, DIVINA
47	CABARDO, SHEENA
48	GERVACIO, JOHANNA
49	WAING, JOMAR
50	CORNEJO, MICHELLE
51	LUCAS, RICKY
52	TADEO, KIMBERLY JOAN
53	CARRIDO, JERRY
54	DUMALE, STELLA MARIE
55	MANGAWANG, FRANCIS
56	SOBREVILLA, AARON
57	PAGAY, CARIZALDY
58	VALDEZ, WINNIE
59	DE GUZMAN, ROCEL
60	DIZON, RODOLFO
61	ESPIRITU, LARRY
62	FERNANDO, ANGELICA
63	GALINGAN, MELODY
64	MACTAL, AILEEN
65	MANABAT, MA. MERCEDES
66	DIZON, CHARLES
67	ORPILLA, MARY QUEEN
68	SACMAN, NELIE
69	SALDERO, MERCEDITA
70	ABA-A , RIZA
71	ABAO, FAYE CAMILLE
72	ARISTON, ROSAN
73	CORPUZ, LAMBERTO
74	DIZON, JOEL



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75	GARGABITE, BERNARDO
76	PATONONA, JONNADEL
77	SIMINIG, MARLON
78	TALUSAN, CYRIL
79	TANGONAN, ALVIN
80	POLI, WINNIE
81	ARIMBUYUTAN, MARK SYDORE
82	BAUTISTA, EVANGELINE
83	CORONEL, MARIANNE
84	FLORES, JAYSON
85	RAYOS, CHARMAINE ELJIE



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