

Department of Education

REGION III- CENTRAL LUZON SCHOOLS DIVISION OF SCIENCE CITY OF MUÑOZ

November 3, 2023

SCHOOLS DIVISION MEMORANDUM

No. <u>393</u>,

s. 2023

CONDUCT OF SCHOOLS DIVISION PSYCHOLOGICAL FIRST AID (PFA) TRAINING

To: Assistant Schools Division Superintendent Chief Education Supervisors Public Elementary and Secondary Schoolheads All Others Concerned

- 1. The Schools Division Office through the School Governance and Operations Division will conduct Psychological First Aid (PFA) Training to all School DRRM Coordinators (SDRRMC) on December 2, 2023, at 9:00 a.m. in the SDO Conference Hall.
- 2. This activity aims:
 - to capacitate SDRRMC with knowledge and skills on how to conduct PFA to learners and personnel who may be struggling with traumatic after-effects of disaster; and
 - to enhance the ability of SDRRMC to recognize their own stressors and manage their own physical-psycho-social health through self-care.
- 3. All participants must register at https://tinyurl.com/2023PFA on or before November 18, 2023.
- 4. Immediate and wide dissemination of this Memorandum is desired.



JOHANNA N. GERVACIO PhD, CESO V Schools Division Superintendent

To be indicated in the <u>Perpetual Index</u> Under the following subjects:

RESILIENCY

Encl: None Reference: N/A

REA PFA 028/November 3, 2023





