



Republic of the Philippines
Department of Education
REGION III – CENTRAL LUZON
SCHOOLS DIVISION OF SCIENCE CITY OF MUÑOZ

September 6, 2023

SCHOOLS DIVISION MEMORANDUM

No. 333, s. 2023

GARDENIA WELLNESS NUTRITOUR IN SCHOOLS

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Public Elementary and Secondary Schoolheads
All Others Concerned

1. The Schools Division of Science City of Munoz in partnership with Gardenia G-Wellness of Gardenia Bakeries Philippines Incorporated shall conduct a free one-day special health and wellness class among learners in selected public elementary schools on September 12 – 15, 2023.
2. The objective of this nutritour is to make learners equipped with valuable nutrition information that can help them make healthy choices especially in their growing and active years.
3. Discussions on healthy food plate (Go-Grow-Glow) Vitamin and Mineral Deficiency, making informed choices, proper way of reading food labels and advocacy on diet and mental health and recipe making activity are some among the activities expected.
4. Public Elementary Schoolheads are requested to prepare their respective schools for the logistics and technical support.
5. Enclosed is the schedule of Gardenia Nutritour for your perusal.
6. For queries, you may contact MARIANNE C. CORONEL, MD, OKD Focal Person at 09285040801 or via DepEd email at marianne.coronel@deped.gov.ph.
7. Immediate and wide dissemination of this Memorandum is earnestly desired.


JOHANNA N. GERVACIO, PhD, CESO V
Schools Division Superintendent

MCC/Gardenia wellness nutritour
012/September 6, 2023

