



Republic of the Philippines
Department of Education
REGION III – CENTRAL LUZON
SCHOOLS DIVISION OFFICE-SCIENCE CITY OF MUNOZ

February 28, 2023

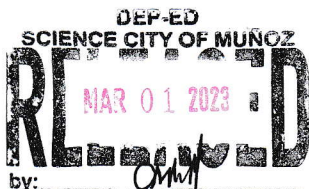
DIVISION MEMORANDUM

No. 108, s. 2023

To: Chief ES- SGOD
School Health and Nutrition Section
Public Elementary and Secondary School Heads
School OKD Flagship Program Focal Persons
All Others Concerned

**CONDUCT OF PROGRAM, PROJECTS AND ACTIVITIES UNDER THE OPLAN
KALUSUGAN SA DEPED SY 2022-2023**

1. In pursuance of DepEd Order No.28, s. 2018 entitled Policy and Guidelines on Oplan Kalusugan sa Department of Education, the Health and Nutrition Section under the Schools Governance and Operations Division shall conduct Learners' Health Appraisal, Vision, and Auditory Screening and Provision of Medical and Dental Services among school children in all Public Elementary and Secondary Schools.
2. Such undertaking aims to provide basic health services and dental care among learners to ensure their safety and well-being and allow them to attain their full educational potential.
3. Attached herewith is the Schedule of the activity and the School Health Division Form 2 for your perusal.
4. For queries, please contact the Division OKD Focal Person thru DepEd email: marianne.coronel@deped.gov.ph or you may call at 09285040801.
5. Immediate dissemination and compliance of this memorandum is earnestly desired.



by: OMM


DANTE G. PARUNGAO, CESO V
Schools Division Superintendent



Loyal, Excellent, Accountable and Dedicated to Service

Address: Brgy. Rizal, Science City of Muñoz, 3119

Telephone No.: (044) 806 -2192; Email Address: munozscience.city@deped.gov.ph

DSCM-QMS-QMR-QSF-008 Rev.05 (09.23.22)



Certificate No. 50500731 QM15



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REGION III – CENTRAL LUZON
SCHOOLS DIVISION OFFICE - SCIENCE CITY OF MUÑOZ

SCHEDULE OF HEALTH APPRAISAL

SCHOOL	DATE
<ul style="list-style-type: none">• Mapangpang ES• San Felipe ES	March 6, 2023
<ul style="list-style-type: none">• San Andres ES• Rizal ES	March 7, 2023
<ul style="list-style-type: none">• Gov. Eduardo L. Joson (Balante ES)• Franza ES	March 8, 2023
<ul style="list-style-type: none">• Bical ES	March 9, 2023
<ul style="list-style-type: none">• Linglingay ES	March 13, 2023
<ul style="list-style-type: none">• Villa Isla ES	March 14, 2023
<ul style="list-style-type: none">• Mangandingay ES	March 15, 2023
<ul style="list-style-type: none">• Calisitan ES• Pandalla ES	March 16, 2023
<ul style="list-style-type: none">• Rang-ayan ES	March 17, 2023
<ul style="list-style-type: none">• Bantug ES	March 20-21, 2023
<ul style="list-style-type: none">• Tekila Grace L Alvares PS• Naglabrahan PS• Curva ES	March 22, 2023
<ul style="list-style-type: none">• Bagong Sikat ES	March 23, 2023
<ul style="list-style-type: none">• Cabisuculan ES	March 24, 2023
<ul style="list-style-type: none">• Calabalabaan ES	March 27, 2023
<ul style="list-style-type: none">• Catalanacan ES	March 28, 2023
<ul style="list-style-type: none">• DepEd-CLSU ES (lab)	March 29-31, 2023
<ul style="list-style-type: none">• Licaong ES	April 11, 2023
<ul style="list-style-type: none">• Maligaya ES	April 12-14, 2023
<ul style="list-style-type: none">• Villa Santos ES• Ricardo V. Adriano ES	May 2, 2023
<ul style="list-style-type: none">• Sapang Cawayan ES• Villa Nati ES	May 3, 2023
<ul style="list-style-type: none">• Villa Cuizon ES	May 4, 2023
<ul style="list-style-type: none">• Maragol IS	May 5 & 8-9, 2023
<ul style="list-style-type: none">• Munoz North CS	May 10-12, 2023
<ul style="list-style-type: none">• Gabaldon IS	May 15-17, 2023
<ul style="list-style-type: none">• Magtanggol IS	May 18-19, 2023
<ul style="list-style-type: none">• Palusapis IS (Elementary and Secondary)	May 22-24, 2023
<ul style="list-style-type: none">• San Antonio IS	May 25-26 & 29, 2023
<ul style="list-style-type: none">• Munoz Central School	May 30-31, 2023 & June 1-9, 2023
<ul style="list-style-type: none">• MNHS-ANNEX	June 13-16, 2023
<ul style="list-style-type: none">• MNHS-MAIN (JHS & SHS)	June 19 onwards, 2023

REPUBLIC OF THE PHILIPPINES
DEPARTMENT OF EDUCATION
BUREAU OF LEARNER SUPPORT SERVICES - SCHOOL HEALTH DIVISION
Pasig City

SCHOOL HEALTH EXAMINATION CARD

Name: _____ School ID: _____
 Last First Middle
 LRN: _____
 Date of Birth: _____ Region: _____
 Month Day Year
 Birthplace: _____ Division: _____
 Parent/Guardian: _____ Telephone No.: _____
 Address: _____

	Kinder/ SPED	Grade 1/ SPED	Grade 2/ SPED	Grade 3/ SPED	Grade 4/ SPED	Grade 5/ SPED	Grade 6/ SPED	Grade 7/ SPED	Grade 8/ SPED	Grade 9/ SPED	Grade 10/ SPED	Grade 11/ SPED	Grade 12/ SPED
	Findings	Findings	Findings	Findings	Findings	Findings	Findings	Findings	Findings	Findings	Findings	Findings	Findings
Date of Examination													
Temperature/BP													
Heart Rate/Pulse Rate/Respiratory Rate													
Height (in cm)													
Weight (in kg)													
Nutritional Status (NS) (BMI/Wt-for-Age)													
Nutritional Status (NS) (Height-for-Age)													
Vision Screening using appropriate chart													
Auditory Screening (Tuning Fork)													
Skin/ Scalp													
Eyes/Ears/Nose													
Mouth/Throat/Neck													
Lungs/Heart													
Abdomen													
Deformities													
Iron Supplementation (✓ or X)													
Deworming (✓ or X)													
Immunization (Specify what kind)													
SBFP Beneficiary (✓ or X)													
4Ps Beneficiary (✓ or X)													
Menarche (✓ the Start)													
Others, specify													
Examined by:													

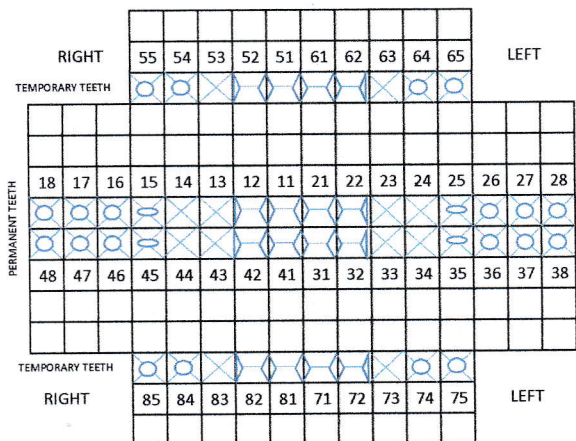
LEGEND:

NS	Vision/ Auditory Screening	Skin/Scalp	Eye/Ear/Nose	Mouth/Neck/Throat	Lungs/Heart	Abdomen	Deformities
a. Normal Weight	a. Passed	a. Normal	a. Normal	a. Normal	a. Normal	a. Normal	a. Acquired
b. Wasted/ Underweight	b. Failed	b. Presence of Lice	b. Stye	b. Enlarged tonsils	c. Rales	b. Distended	b. Congenital (Specify)
c. Severely Wasted/Underwt		c. Redness of Skin	c. Eye Redness	c. Presence of lesions	d. Wheeze	c. Abdominal Pain	
d. Overweight		d. White Spots	d. Ocular Misalignment	d. Inflamed pharynx	e. Murmur	d. Tenderness	
e. Obese		e. Flaky Skin	E. Pale Conjunctiva	e. Enlarged lymphnodes	h. Irregular heart rate	e. Dysmenorrhea	
f. Normal Height		f. Impetigo/ boil	f. Ear discharge	f. Others , specify	i. Others, specify	f. Others, Specify	
g. Stunted		g. Hematoma	g. Impacted cerumen				
h. Severely Stunted		h. Bruises/ Injuries	h. Mucus discharge				
i. Tall		i. Itchiness	i. Nose Bleeding (Epistaxis)				
		j. Skin Lessions	j. Eye dischrge				
		k. Acne/Pimple	k. Matted Eyelashes				

Note: Use Letter to record ailments and Place X if not examined

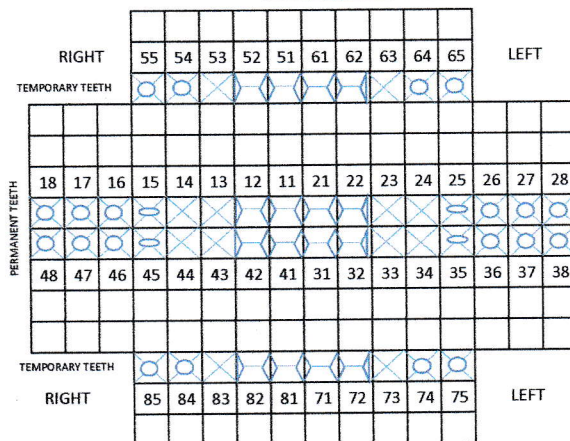
GRADE 4

S.Y. _____



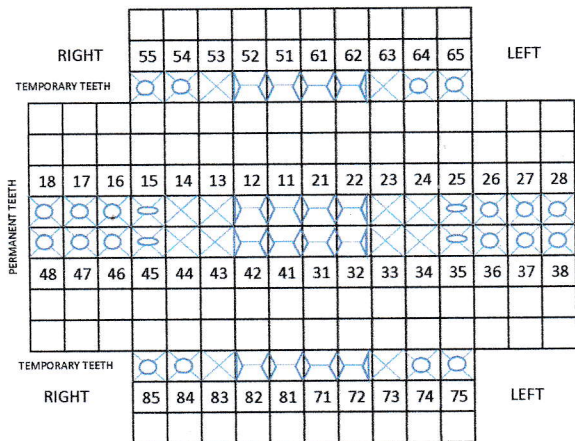
GRADE 5

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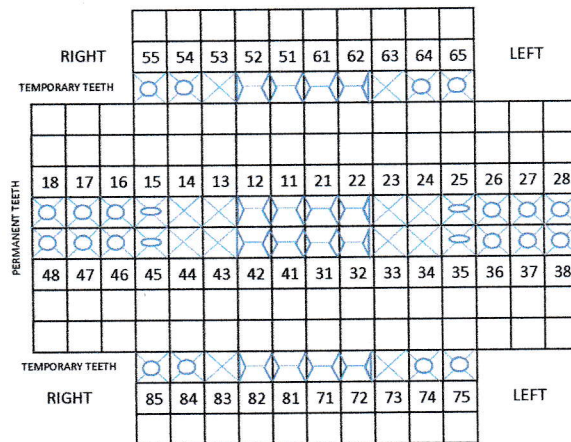
GRADE 6

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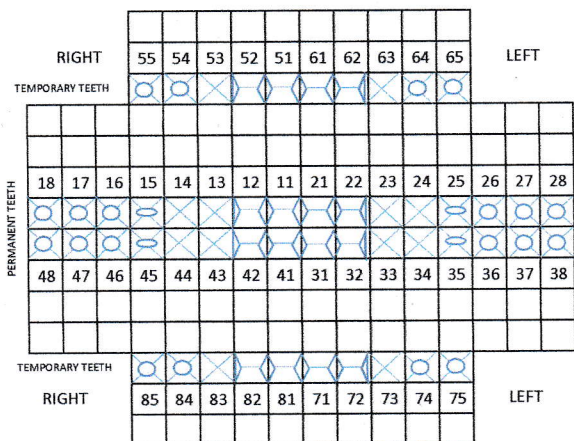
GRADE 7

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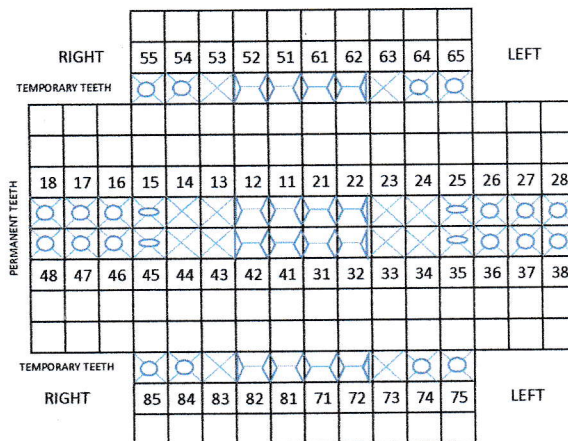
GRADE 8

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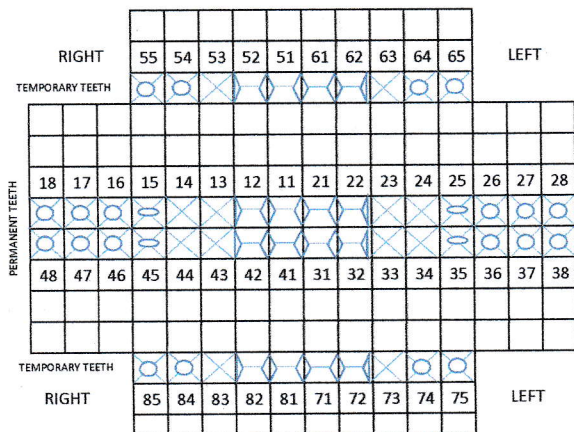
GRADE 9

S.Y. _____



GRADE 10

S.Y. _____



GRADE 11

S.Y. _____

