



Republic of the Philippines
Department of Education
REGION III – CENTRAL LUZON
SCHOOLS DIVISION OFFICE-SCIENCE CITY OF MUNOZ

February 3, 2023

DIVISION MEMORANDUM

No. 61, s. 2023

To: Chief ES- SGOD
School Health and Nutrition Section
Public Elementary and Secondary School Heads
School OKD Flagship Program Focal Persons
All Others Concerned

**CONDUCT OF PROGRAM, PROJECTS AND ACTIVITIES UNDER THE OPLAN
KALUSUGAN SA DEPED SY 2022-2023**

1. In pursuance of DepEd Order No. 28, s.2018 entitled Policy and Guidelines on Oplan Kalusugan sa Department of Education, the Schools Division Office of Science of Munoz thru the Schools Governance and Operations Division's Health and Nutrition Section enjoined all Public Elementary and Secondary Schools to partner with stakeholders to actively engaged in the implementation of the various flagship programs under the Oplan Kalusugan sa Department of Education.
2. Oplan Kalusugan sa DepEd is consists of 6 flagship programs namely; School Based Feeding Program, National Drug Education and Prevention Program including the National Tobacco Control Program, Adolescent Reproductive Health Program, Water, Hygiene and Sanitation Program, Psychosocial and Mental Health Program, and the provision of medical, dental and nursing services among learners and DepEd Personnel.
3. The program with a holistic approach, through its implementation aims to improve the quality of life, health and nutritional status of all schoolchildren and personnel through the prevention and control of diseases and the promotion of health-related knowledge, attitudes, skills and practices as well as ensuring their safety and well-being. Also provide school children with the basic primary health and dental care to allow them to attain their full educational potential and get linked up with health providers and LGU's for child and adolescent health services.



Loyal, Excellent, Accountable and Dedicated to Service

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DSCM-QMS-QMR-QSF-008 Rev.05 (09.23.22)



Certificate No. 50500731 QM15



Republic of the Philippines

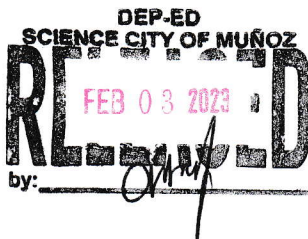
Department of Education

REGION III – CENTRAL LUZON

SCHOOLS DIVISION OFFICE-SCIENCE CITY OF MUNOZ

4. In connection with this, health and nutrition programs, projects and activities shall be implemented based on the existing DepEd Issuances for each program and in compliance with DepEd Order No.34, s.2022.
5. Ok sa DepEd One Health Week Celebration shall be conducted every eleventh week of academic quarter as part of co-curricular health activities in schools, with the theme Pinalakas na Oplan Kalusugan sa DepEd, Pinatag na Healthy Learning Institutions adopting the theme of the National Kick-Off of Ok sa DepEd last October 11,2022.
6. Attached herewith are DepEd Memoranda, Issuances and Guidelines pertaining to Ok sa DepEd Program for your perusal.
7. For queries, please contact the Division OKD Focal Person thru DepEd email: marianne.coronel@deped.gov.ph or you may call at 09285040801.
8. Immediate dissemination and compliance of this memorandum is earnestly desired.


DANTE G. PARUNGAO, CESO V
Schools Division Superintendent



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Republic of the Philippines
Department of Education
OFFICE OF THE UNDERSECRETARY
GOVERNANCE AND FIELD OPERATIONS

OUGFO No. 2022-03- 1637
MEMORANDUM
27 October 2022

FOR: **Regional Directors and BARMM Minister of Education
Schools Division Superintendents**

FROM: 
ATTY. REVSEE A. ESCOBEDO
Undersecretary
Governance and Field Operations


FRANCIS CESAR B. BRINGAS
Assistant Secretary
Governance and Field Operations

SUBJECT: **Guidance to Regional/Division School Health and Nutrition
Personnel re: the Conduct of the One Health Week for SY 2022-2023**

Awaiting the issuance of the DepEd memorandum on the same subject matter, this Office, through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), provides this **guidance to regional/division school health and nutrition (SHN) personnel**, regarding the conduct of the **One Health Week for SY 2022-2023**, pursuant to **DepEd Order No. 28, s. 2018** titled *Policy and Guidelines on Oplan Kalusugan sa Department of Education*

New Schedule for the One Health Week

1. The **One Health Week**, previously announced to be held on **October 31-November 4, 2022** through **OUGFO Memorandum No. 2022-03-024** titled *Strengthening School Health Support for SY 2022-2023*, is **rescheduled to January 30-February 3, 2023**, the eleventh week of the second academic quarter. **DepEd Order No. 34, s. 2022** titled *School Calendar and Activities for the School Year 2022-2023* provides that the [first] ten (10) weeks of every academic quarter shall be devoted by schools to actual classroom teaching, while the eleventh week of each academic quarter may be used for the conduct of co-curricular activities.
2. The change in the schedule of the One Health Week is to allow field offices and schools to focus on the ongoing transition to full face-to-face classes on November 2, 2022, consistent with **DepEd Order No. 44, s. 2022** titled *Amendment to DepEd Order No. 034, s. 2022 (School Calendar and Activities for the School Year 2022-2023)*.

OK sa DepEd Activities for the Week of October 31-November 4, 2022

3. Schools that have already prepared to hold co-curricular health activities for the week of October 31-November 4, 2022 may proceed to hold such activities as planned.
4. While the One Health Week is moved to its new schedule, co-curricular *OK sa DepEd* activities may still be conducted on October 31-November 4, 2022, particularly those that directly support efforts in ensuring the health, safety, and wellbeing of learners as face-to-face classes resume fully. These may include promotion of nutritious meals that help boost immunity, strict implementation of tobacco control policies as a COVID-19 response strategy, promotion of hygiene and sanitation, mental health activities, among others.
5. With October 31 and November 1 having been declared as special non-working holidays, learners are to be encouraged during these days to spend quality time with their families and loved ones through health-promoting activities together (e.g., exercising together, preparing nutritious meals together, having conversations with family members during dinner). While learners may be provided with tools to encourage such activities (e.g., recipes of nutritious meals, suggested questions to talk about with their parents during family dinner), the activities shall not be made “burdensome requirements” for the learners (e.g., learners shall not be mandated to take photos of themselves doing these activities or be obliged to submit reflection papers about their family bonding).

One Health Week for SY 2022-2023 (January 30-February 3, 2023)

6. SHN personnel are instructed to continue to provide necessary technical assistance to schools in conducting activities for the One Health Week, showcasing the flagship and support programs of *Oplan Kalusugan sa DepEd (OK sa DepEd) (Annex A)*.
7. The One Health Week for SY 2022-2023 shall focus on how *OK sa DepEd* and its flagship programs ensure that DepEd schools are “healthy learning institutions” where the health, safety, and wellbeing of learners are protected and promoted during the pandemic and beyond.
8. The theme for the One Health Week for SY 2022-2023 is “*Pinalakas na Oplan Kalusugan sa DepEd, Pinatatag na Healthy Learning Institutions*,” adopting the theme of the National Kickoff of *OK sa DepEd* on October 11, 2022.
9. The theme introduces the six pillars of Healthy Learning Institutions (HLI) that shall be present in schools, across all flagship programs of *OK sa DepEd*.
10. The same theme shall be adopted for regional and division kickoff activities that regional/division offices may be organizing. Regional/division offices are reminded to ensure that kickoff activities are simple and inexpensive, and do not entail interruption of classes. Local kickoff activities shall focus on facilitating efforts to build and strengthen partnerships for school health.

11. The descriptions of the pillars of HLI and the suggested activities for the One Health Week based on these pillars may be found in **Annex B**. It is emphasized that the provided list of activities is recommendatory. School heads may choose from the list, as relevant to the context of their respective schools, or conceptualize other activities, as necessary.

Ways Forward

12. Access of learners to health services shall be ensured all school year, as appropriate.
13. Co-curricular health activities under *OK sa DepEd* similar to those conducted during the week of October 31-November 4, 2022, and during the One Health Week (January 30-February 3, 2023) may also be done on the 11th week the third and of the fourth academic quarters, as practicable.
14. Activities of *OK sa DepEd* programs shall be sustained all year round, following existing DepEd issuances for each program, and complying with the instructions on scheduling activities as laid out in:
 - a. DO 34, s. 2022, which prohibits extra-curricular activities for SY 2022-2023, and limits co-curricular activities to the eleventh week of each quarter, and
 - b. **OASGFO Memorandum No. 2022-058** titled *Requests for Participation of Learners in Extra-Curricular Activities*, which allows “activities such as, but not limited to, academic and non-academic competitions, sports meets, and other contests, including the practices and training of such activities... on the condition that they will be held outside class hours, on weekends, or during school breaks, as provided in **DepEd Order No. 9, s. 2005** titled *Instituting Measures to Increase Engaged Time-On-Tasks and Ensuring Compliance Therewith*.”
15. Materials from the National Kickoff that can be used by field offices for their respective kickoffs, as well as references and resources that schools can use in the conduct of the One Health Week and other co-curricular health activities, may be accessed at <https://bit.ly/2022oksadepedkickoffOWH>. The folder will be regularly updated.
16. Documentation of local kickoff and One Health Week activities shall be included in existing reporting mechanisms for *OK sa DepEd* and its flagship programs.
17. When posting online about the regional/division kickoff and the schools’ One Health Week activities, all concerned are invited to use the hashtags #OKsaDepEd, #OplanKalusuganSaDepEd, and #HealthIsKwela, and to tag/mention the Facebook Page of *OK sa DepEd* (<https://www.facebook.com/OplanKalusuganSaDepEd>).

For questions and concerns about this memorandum, please contact **Gian Erik M. Adao**, Education Program Specialist II, or **Belinda C. Beltran**, Nutritionist Dietitian III, BLSS-SHD through (02) 8-632-9935 or email at blss.shd@deped.gov.ph.

Annex A

Flagship and Support Programs of *OK sa DepEd*

Program	Description
School-Based Feeding Program (SBFP) and other Nutrition Support Programs	<p>Through the SBFP, hot meals/nutritious food products and milk are provided to selected learners from Kindergarten to Grade 6 to improve classroom attendance and encourage learners to go to school every day.</p> <p>The SBFP is implemented alongside the Nutrition Support Program, which is a combination of policies, standards, activities, and interventions designed to promote and maintain the nutritional well-being of learners, covering school nutrition services, school gardens, and nutrition education, supported by enabling mechanisms such as healthy food environment and sanitation, partnerships and linkages.</p>
National Drug Education Program (NDEP) and Comprehensive Tobacco Control	<p>NDEP is comprehensive educational program which provides for a holistic approach to the problem of drug abuse by collaborating with all sectors under a unified, scientific, research-based, and responsive procedure.</p> <p>In support of NDEP is the Comprehensive Tobacco Control Program (DepEd Order No. 48, s. 2016) which focuses on ensuring the implementation of relevant provisions from the global treaty Framework Convention on Tobacco Control, as well as national tobacco control laws, and issuances.</p>
Adolescent Reproductive Health Program (ARH)	<p>ARH aims to strengthen DepEd's delivery of its mandates under Republic Act 10354, or the Responsible Parenthood and Reproductive Health Act of 2012.</p>
Water, Sanitation and Hygiene (WASH) in Schools (WinS)	<p>WinS focuses on the promotion of a clean and safe school environment and correct hygiene practices among learners. It is a comprehensive, sustainable, and scalable school-based program that sets the basic requirements and standards on five key elements: water, sanitation, hygiene, deworming, and health education.</p>
Medical, Dental, and Nursing Services	<p>Medical doctors, dentists, and nurses nationwide ensure the delivery of or access to medical, dental, and nursing services of learners.</p> <ul style="list-style-type: none"> • Medical and nursing services include health examination, treatment, and/or referral of learners; conduct of hearing screening, vision screening, and color vision testing; school-based immunization, in coordination with the DOH; weekly iron folic acid supplementation; and deworming. • Dental services include promotive, preventive, and curative services such as oral examination and oral urgent treatment (e.g., tooth extractions, filling, and oral prophylaxis, as needed), application of fluoride varnish, dental health education, tooth brushing drills, and distribution of hygiene kits (toothbrushes and toothpastes). <p>Medical and dental clinics have also been established/refurbished and the medical and dental supplies have been provided in selected schools.</p>

Program	Description
School Mental Health Program	Added as a flagship program late in 2018 and first officially included in the <i>One Health Week 2019</i> , the School Mental Health Program focuses on mental health promotion in schools, pursuant to RA 11036 or the Mental Health Act, and its IRR: (1) raising awareness on mental health concepts and issues; (2) identification and provision of support and services for individuals at risk; and (3) facilitating access, including referral mechanisms of individuals with mental health conditions to treatment and psychosocial support.

Annex B

Pillars of Healthy Learning Institutions

Pillar	Description	Suggested Activities for the 2022 One Health Week (and every 11th week of every academic quarter, as practicable)
Healthy School Policy	<ul style="list-style-type: none"> Integration into school planning documents and strategies such as the Annual Implementation Plan, School Improvement Plan, and School-Based Management Efforts to increase awareness and ownership among stakeholders of key school health policies and related issuances 	<ul style="list-style-type: none"> Orientation on existing DepEd Orders of the <i>OK sa DepEd</i> programs, including health and safety protocols in light of the COVID-19 pandemic Promotion among school personnel of existing/available platforms to learn about school health (e.g., PHEDA course, WinS MOOC)
Physical School Environment	<ul style="list-style-type: none"> Investments in physical resources and infrastructural improvements that would allow learners to practice healthy behaviors at school IEC materials to provide information on healthy habits and nudge them to practice these 	<ul style="list-style-type: none"> Display/posting of IEC materials reinforcing key messages related to the <i>OK sa DepEd</i> programs Open house of canteens featuring healthy food and beverage choices
Social School Environment	<ul style="list-style-type: none"> Guides for teachers and other school personnel to practice healthy behaviors in the school settings Recommendations for clubs that will allow learners to hone health seeking and health promoting behaviors outside class 	<ul style="list-style-type: none"> Activities for socialization among and between learners, school personnel, and other stakeholders, as practicable
Links with the Community	<ul style="list-style-type: none"> Onboarding and health-education workshops with parents and guardians to allow them to build trust and healthy communication practices with their children and reinforce health behaviors and habits learned in the classroom at home Coordination with other key players in the community for the implementation of school health policies, programs, and activities 	<ul style="list-style-type: none"> Orientation of parents, communities, partners, and other stakeholders on how they can take Coordination meetings with community partners for the effective implementation of school health programs and activities

Pillar	Description	Suggested Activities for the 2022 One Health Week (and every 11th week of every academic quarter, as practicable)
Health Skills and Education	<ul style="list-style-type: none"> Integration of health-related competencies, topics, materials, and activities in school lessons inside and outside health as a subject Conduct of school-based co-curricular activities for learners on topics related to health 	<ul style="list-style-type: none"> Activities in support of the BIDA KID Campaign Exhibits, seminars, and other co-curricular activities on the OK sa DepEd programs Re-echo of capacity building activities of OK sa DepEd programs Showing/viewing of video recordings of webinars and facilitating discussions around such recordings Conduct of age-appropriate health and hygiene drills (e.g., handwashing, toothbrushing) Conduct of school gardening activities to highlight important health and nutrition concepts
Access to Health Care	<ul style="list-style-type: none"> Provision of basic health services in the school, as available and applicable Development of referral networks within the school and between the school and the local government unit 	<ul style="list-style-type: none"> Setting up/ensuring completeness of health corners (identified sections in the school where there are school health supplies accessible as needed) Conduct of feeding activities Conduct of mobile COVID-19 vaccination as part of the PinasLakas campaign Delivery of age-appropriate health services (e.g., volunteer doctors, dentists, and nurses may be invited to provide such services to learners)

For resources that can be used for the activities above, please visit: <https://bit.ly/oksadepedresources>. Note that the folder will be regularly updated.



Republic of the Philippines
Department of Education

06 JUL 2018

DepEd ORDER
No. **028** s. 2018

POLICY AND GUIDELINES ON OPLAN KALUSUGAN SA DEPARTMENT OF EDUCATION

To: Undersecretaries
Assistant Secretaries
Bureau and Service Directors
Regional Directors
Schools Division Superintendents
Public Elementary and Secondary School Heads
All Others Concerned

1. The Department of Education (DepEd) issues the enclosed **Policy and Guidelines on Oplan Kalusugan sa Department of Education (OK sa DepEd)** for the provision of basic primary medical and dental care to learners to allow them to attain their full educational potential.
2. The policy and guidelines aim to promote and provide all learners and DepEd personnel with a sustainable holistic school health and nutrition program towards healthier behaviors and better learning outcomes. Specifically, it aims to:
 - a. have efficient implementation of school-based health and nutrition programs and services, through rational programming in terms of resources and services to optimize the results of the five flagship programs of *OK sa DepEd*,
 - b. provide all public school learners with health and nutrition services to allow them to attain their full educational potential,
 - c. ensure wellness of DepEd personnel through the provision of basic medical care for better productivity,
 - d. generate information on the health and nutrition records of all learners as a basis for planning and programming, and
 - e. maximize opportunities for better and wider coverage of health and nutrition services delivery, through close collaboration with various partners and stakeholders especially at the school level.
3. The bureau, service, and regional directors, schools division superintendents, school heads, other personnel, parents, learners, partners, and other stakeholders are enjoined to extend full support to and participation in this program.
4. This DepEd Order shall take effect immediately upon the approval of the Secretary.
5. Immediate dissemination of and strict compliance with this Order is directed.


LEONOR MAGTOLIS BRIONES
Secretary

Encl.:

As stated

Reference:

N o n e

To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION
LEARNERS
NUTRITION EDUCATION
OFFICIALS
POLICY

SMMA/MCR/DJP – DO Policy Guidelines on *Oplan Kalusugan sa DepEd*
0452/June 2/4, 2018

OPLAN KALUSUGAN SA DEPARTMENT OF EDUCATION (OK sa DepEd)

I. BACKGROUND AND RATIONALE

According to the World Health Organization (WHO), a country's investments for an effective school health program is considered to be a cost-effective investment as it simultaneously improves health and education. Ill and malnourished children miss so much school time, get delayed coming back or refuse to return to avoid the stigma of grade level repeaters. Unintended pregnancies cause girls to drop-out of school, lessening their chances of a better future. And the problem on illegal drugs pose as a bigger threat to the security and welfare of the youth and students.

Health-promoting practices can significantly reduce many of the current and future causes of death, diseases and disability in the Department of Education (DepEd). These practices include detecting highly vulnerable individuals in the Department, preventing unhealthy behaviors, and identifying and referring sick and malnourished children to receive health care while the children are still in school. Early detection is critical and school administrators, staff, and teachers are in a position to identify nutrition and hygienic issues, substance abuse, and risky sexual behavior.

In response, the Bureau of Learner Support Services (BLSS)- School Health Division (SHD) implements several health and nutrition programs to maintain and improve the health of schoolchildren and personnel through the prevention and control of diseases, and the promotion of health-related knowledge, attitudes, skills, and practices. Aligning these programs with its targets will pave the way for a more systematic and holistic approach in the implementation, monitoring, and evaluation of its various undertakings.

Convergence of DepEd's Health and Nutrition Programs

DepEd launches the *Oplan Kalusugan sa Department of Education (OK sa DepEd)* which is a convergence of DepEd's health programs, plans, policies, and activities for their effective and efficient implementation at the school level, in partnership with various stakeholders. *OK sa DepEd* shall focus on DepEd's major school health and nutrition programs specifically the School-Based Feeding Program (SBFP), National Drug Education Program (NDEP), Adolescent Reproductive Health Education (ARH), Water, Sanitation, and Hygiene (WASH) in Schools (WinS), and Medical, Dental, and Nursing Services. Other health and nutrition programs will continue to be implemented in support of these five flagship programs.

Currently, school health and nutrition programs are separately implemented by the schools on the basis of separate issuances, orders, and memoranda. While schools will continue to follow existing policies and guidelines for each program, schools, through *OK sa DepEd*, will plan, organize, implement, monitor, and evaluate these programs not as separate programs, but as year-round school activities that complement and reinforce each other toward the overall aim of ensuring the health and well-being of learners and

personnel. Given this, *OK sa DepEd* shall not be treated as a new or additional program, but as an approach to delivering school health and nutrition programs as harmonized activities at the school level.

Ultimately, *OK sa DepEd* shall redound towards improving school performance or learning indicators of the learners, such as improved attendance and class participation, improved completion and achievement levels, and reduced drop-out.

Furthermore, this convergence of DepEd's health and nutrition programs shall also strengthen DepEd's efforts to contribute to the attainment of the Sustainable Development Goals in the Philippines, specifically Goal # 1 - End poverty in all its forms everywhere, Goal # 2 - End hunger, achieve food security and improved nutrition and promote sustainable agriculture, Goal # 3 - Ensure healthy lives and promote well-being for all at all ages, Goal # 4 - Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all, Goal # 5 - Achieve gender equality and empower all women and girls, and Goal # 6 - Ensure access to water and sanitation for all.

Given these, DepEd hereby issues this policy and guidelines to provide general and specific guidance on the planning and implementation of *OK sa DepEd*.

II. SCOPE

These Guidelines shall apply to all Kindergarten to Grade 12 learners and to teaching and non-teaching personnel in all public elementary and secondary schools and DepEd offices nationwide. Private schools are encouraged to adopt these guidelines for the implementation of their own school health and nutrition programs.

III. DEFINITION OF TERMS

For purpose of this Order, the following terms are defined:

Health	a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.
Nutrition	the intake of food, considered in relation to the body's dietary needs.
School-Based Feeding Program	the provision of hot meals to undernourished Kinder to Grade 6 learners and all Kinder in Philippine Plan of Action (PPAN) 2017-2022 Focus Areas based on stunting prevalence, to improve classroom attendance and encourage learners to go to school every day. The meal must meet 1/3 of the recommended intake in the Philippine Dietary Reference Intakes (PDRIs).

National Drug Education Program (NDEP)	a comprehensive educational program which provides for a holistic approach to the problem of drug abuse. It is designed to enable all sectors to work collaboratively with the school system as the core, thereby, unifying all sectoral endeavors.
Adolescent Reproductive Health Education (ARH)	a program that aims to strengthen DepEd's delivery of its mandates under the Responsible Parenthood and Reproductive Health Act of 2012 (R.A. No. 10354) through a guidance and counseling program by enhancing capacities of licensed guidance counselors or designated homeroom guidance teachers and selected personnel and development of a referral network to service providers on all RPRH concerns.
Water, Sanitation, and Hygiene (WASH) in Schools (WinS)	a program that focuses on the standards for the promotion of a clean and safe school environment and correct hygiene and sanitation practices among learners, and that is implemented side by side with the Essential Health Care Program (EHCP), Deworming, and other related school health projects of DepEd.
Medical and Nursing Services	provision of various health services such as health appraisal, treatment, consultation, referral, health counseling among others, to promote, protect and maintain the health status of learners and school personnel.
Dental Service	provision of promotive, preventive and curative services to improve the oral health status of the learners.

IV. STATEMENT OF POLICY AND OBJECTIVES

This policy establishes the guidelines in the planning and implementation of OK sa DepEd.

General Objective: To promote and provide all learners and DepEd personnel with a sustainable holistic school health and nutrition program towards healthier behaviors and better learning outcomes.

Specific Objectives:

- A. To have efficient implementation of school-based health and nutrition programs and services through rational programming in terms of resources and services to optimize the results of the five flagships programs of OK sa DepEd.

- B. Provide all public school learners with health and nutrition services to allow them to attain their full educational potential;
- C. Ensure wellness of DepEd personnel through the provision of basic medical care for better productivity;
- D. Generate information on the health and nutrition records of all learners as a basis for planning and programming; and
- E. To maximize opportunities for better and wider coverage of health and nutrition services delivery through close collaboration with various partners and stakeholders especially at the school level.

V. STRATEGIES AND ACTIVITIES

Strategies adopted pursuant to the implementation of this Order are as follows:

A. Management and Institutional Arrangements

1. At the National level, the Bureau of Learner Support Services shall take the lead in steering and managing *OK sa DepEd*.
2. *OK sa DepEd* Technical Working Groups (TWG) shall be created at the Regional, Division, and School levels, to be in charge of planning, coordination with partners, implementation, and monitoring and evaluation. The creation of the TWGs shall not be viewed as adding tasks for the members identified, but as a strategy to synergize the efforts already being done and roles currently being played by the members with regards to the implementation of school health and nutrition program.
 - a. The Regional TWG shall be composed of the Regional Director as Chairperson, and the following members:
 - i. Chief Education Supervisor, Education Support Services Division
 - ii. Medical Officer IV (Focal Person)
 - iii. Dentist III
 - iv. Nutritionist-Dietitian II
 - v. Child Protection Coordinator
 - vi. Representative from the Curriculum and Learning Management Division
 - vii. Representative from the Quality Assurance Division
 - viii. Representative from the Field Technical Assistance Division
 - ix. Representative(s) from partner agency(ies)/ organization(s)

- b. The Division TWG shall be composed of the Schools Division Superintendent as Chairperson, and the following members:
 - i. Chief Education Supervisor, School Governance and Operations Division
 - ii. Medical Officer III (Focal Person)
 - iii. Dentist II
 - iv. Nurse II
 - v. Child Protection Coordinator
 - vi. Representative from the Social Mobilization and Networking Section/ Adopt-A-School Program Coordinator
 - vii. Representative from the Human Resource Development Section
 - viii. Representative from the Curriculum Implementation Division
 - ix. Representative(s) from partner agency(ies)/ organization(s)

- c. The School TWG shall be composed of the School Head as Chairperson, and the following members:
 - i. Clinic Teacher (Focal Person)
 - ii. Guidance Counselor/ Guidance Teacher
 - iii. Teacher Coordinator(s) of the School Health and Nutrition Programs (e.g., Feeding Coordinator, NDEP Coordinator, WinS Coordinator, Physical Facilities Coordinator, etc.)
 - iv. PTA Representative
 - v. Representative of the Barangay/LGU
 - vi. Representative(s) from partner organization(s)

3. Considering that some items identified as members of the TWG may not be available in all ROs, SDOs, or schools, the RD, SDS, or the School Head may assign alternates in case the identified item as member of the TWG is vacant or not available in their respective offices or schools.

4. A focal person shall be designated at the Regional, Division, and School levels to coordinate the implementation of *OK sa DepEd* with the respective TWG for their respective governance level.
 - a. The Regional Director shall designate the Medical Officer IV as the *OK sa DepEd Focal Person* at the Regional level. In the absence of a Medical Officer IV, the Dentist III or Nutritionist-Dietitian II may be designated as focal person.
 - b. The Schools Division Superintendent shall designate the Medical Officer III as the *OK sa DepEd Focal Person* at the Division level. In the absence of a Medical Officer III, the Dentist II or Nurse II may be designated as focal person.
 - c. The School Head shall designate a teacher as the *OK sa DepEd Focal Person* at the school level.

B. Planning and Targeting

1. The DepEd Central Office, through the BLSS-SHD, will conduct and manage annual planning and implementation review conferences to:
 - a. review and assess school health program implementation including the training needs of school health personnel;
 - b. map existing health service providers and facilities operated by DOH, LGUs, private sector and NGOs;
 - c. formulate operational guidelines and national plans for the five OK sa DepEd programs based on the assessment and mapping; and
 - d. identify roles and responsibilities for school health personnel on the national and local levels.

2. The ROs and SDOs, through their respective TWGs, are expected to:
 - a. formulate their own regional/division implementation plans for the five *OK sa DepEd* programs customized to fit their respective schools' contexts, based on the assessment and mapping;
 - b. identify activities for the One Health Week featuring, but not limited to, DepEd's five major school health programs;
 - c. set realistic and doable monthly/weekly targets in providing health and nutrition services to the learners and DepEd personnel;
 - d. map existing health service providers and facilities;
 - e. develop technical assistance plans of ROs to SDOs, and SDOs to schools; and
 - f. plan for the conduct of quality assurance (ROs) and program monitoring schedules (both ROs and SDOs)

3. Each School, through its TWG, shall be responsible in developing its own Action Plan for *OK sa DepEd* which shall be incorporated in the AIP/ SIP, with technical assistance from the SDO/RO. The following have to be considered for planning:
 - a. Each school shall be responsible in the assessment of its needed resources and facilities in the conduct of school-based health service delivery and education, such as medical and dental supplies, kitchens, canteens, clinics, WinS facilities, school gardens, and teen hubs, among others.
 - b. The schools shall map and categorize the needed resources and facilities into those that will be used during the One Health Week and those that can be acquired/established within the five-year implementation period. The schools shall identify which of the needs can be borne by the schools and which needs will require support from partners.
 - c. Regional and Division targets articulated in school plans

- d. Availability and schedule of services provided by the RO and SDO School Health and Nutrition Units
- e. Mapping of existing service providers and facilities

C. Coordination with Partners

1. The Technical Working Group at each governance level will make an initial list of current and potential partners which may include the LGUs, NGOs/CSOs, professional organizations, volunteer public and private health professionals, local private sector groups that are committed to support the program as reference for the schools in selecting their partner health service providers.
2. Each school will network with available and interested partners within their locality who are willing to participate in the program. They shall:
 - a. Engage partners and stakeholders in the improvement and maintenance of facilities such as school clinics, health corners, school canteens, feeding and food preparation areas, and WinS facilities;
 - b. engage the participation of partners in providing health and nutrition services to learners and personnel including the provision of manpower, medicines and equipment; and
 - c. closely coordinate with partners such as local health offices, professional groups, and other stakeholders to finalize deliverables and schedule of joint health activities for the school year such as deworming and provision of deworming tablets, medical and dental check-up, vision and auditory screening, height- and weight-taking, and nutritional assessment, among others.
3. As appropriate, formalize or document the collaboration with GO/NGO partners utilizing instruments such as MOU, MOA, Note Verbale, Deed of Donation and others, following existing DepEd guidelines on partnerships. Section VII of this Order reiterates critical provisions on engaging with partners.

D. Orientation of Personnel

After the Planning Conferences, each SDO with technical assistance from DepEd ROs/CO will orient school heads, other DepEd personnel, partners and stakeholders on the following:

1. overview of the program;
2. background/rationale;
3. program strategies and plans
4. implementing and partnership guidelines;
5. roles of Parent-Teacher Association (PTA) and other stakeholders in program implementation;

E. Conduct of One Health Week

1. The highlight of *OK sa DepEd* is the One Health Week providing health and nutrition services to learners and personnel. *OK sa DepEd* shall be conducted every second week of July to emphasize the importance of health and nutrition services in achieving the learners' full educational potential and supporting the personnel's productivity.
2. Each RO and SDO shall prepare a set of health activities featuring, but not limited to, the five major DepEd school health programs which the schools can use as guide/reference in planning their *OK sa DepEd* activities for their learners.
3. The schools shall finalize the daily health and nutrition activities to be conducted during the week-long celebration. These shall be incorporated in the school's Action Plan for *OK sa DepEd*. Following are some suggested activities:
 - a. School level orientation of parents, communities, partners, and other stakeholders on different school health and nutrition programs including important policies and guidelines;
 - b. Conduct of school health service activities such as medical and dental examination and treatment, referral, deworming, vision and auditory screening, height- and weight-taking and nutritional assessment;
 - c. Conduct of other school-based and age-appropriate services such as immunization, counseling, and other screening services in collaboration with partners;
 - d. Launching of age-appropriate health and hygiene practices such as individual and group daily handwashing and tooth brushing activities, food hygiene, personal hygiene, and menstrual hygiene management;
 - e. Rapid classroom inspection, conduct of daily cleaning and the needed repair or maintenance;
 - f. Kick-off activity of the School-Based Feeding Program and *Gulayan sa Paaralan*;
 - g. Exhibits/ forums on the National Drug Education Program, Adolescent Reproductive Health Education, Mental Health, and Tobacco Control; and
 - h. Open house of canteens featuring healthy food and beverage choices.

F. Continuation of Health and Nutrition Services and Activities

1. The health services and interventions started during the One Health Week shall be continued by the schools within the school year in coordination with the SDO Health Personnel and their partners. The Gantt Chart or timeline of the said activities shall be reflected in the Action Plan for *OK sa DepEd*.

Health and nutrition related activities related to the five major school health and nutrition, and other supporting programs may include:

- a. Health and nutrition services – school-based feeding, treatment of common illness, screening and assessments, establishing referral to public or private health facilities and services, training of teachers and other DepEd staff on first aid and basic services provision
 - b. Curriculum Integration/Co-curricular activities – developing lesson plans integrating school health and nutrition concepts, campaigns and school fairs based on national and global celebrations such as nutrition month, oral health month, support child-led activities...
 - c. Structural/Facilities Development or Improvement – construction or maintenance of WASH facilities, canteens or food preparation areas, and access for children with disabilities
 - d. Advocacy activities - Health- and nutrition-related observances and celebrations, especially those included in DepEd's school calendar, shall be incorporated in the timeline of activities.
2. At the Division level, the Focal Person for *OK sa DepEd* shall lead the creation of a deployment plan for health personnel to strategize the efficient delivery of health and nutrition services to the schools in the Division, subject to the approval of the Chief of the School Governance and Operations Division (SGOD) and the Schools Division Superintendent (SDS).

G. Funding

1. For School Year 2018-2019, BLSS-SHD has allocated Seven Hundred Thousand Pesos (P700,000.) for each RO, and Fifty Thousand Pesos (P50,000.) per SDO, for use in their activities under *OK sa DepEd*, subject to the usual accounting and auditing rules and regulations. The said funds have been released to and received by the regions and divisions in May 2018 through Sub-allotment Release Order (Sub-ARO) and correspondences made to the ROs and SDOs. ROs and SDOs are expected to prepare their work and financial plan for the approval by their respective heads which shall serve as the basis for the utilization of the funds. Liquidation of the funds shall follow the National Government Accounting System (NGAS).
2. DepEd, through the BLSS-SHD, shall issue memoranda for funding allocations for the implementation of *OK sa DepEd* in the succeeding school years.
3. ROs and SDOs are instructed to use their Maintenance and Other Operating Expenses (MOOE) to augment the funds provided by BLSS-SHD.

4. At the school level, funding for the effective and sustainable implementation of *OK sa DepEd* shall be sourced from the budget for school MOOE, in accordance with the school-based management system mandated in Republic Act No. 9155. Specifically, the MOOE budget shall finance the activities indicated in the School Action Plan for *OK sa DepEd*. Said funding shall be subject to the usual accounting and auditing policies, procedures, and standards.
5. Medical and dental supplies, and medicines needed for the conduct of medical and dental examination and treatment shall be included in the School MOOE / APP / AIP / SIP for allocation of funds and procurement based on the Targeted needs for treatment.
6. The same accounting procedures and standards shall be applied to funds from other sources.

H. Reporting and Recording

1. All collecting, storing, processing, reporting, and other uses of data from learners and personnel shall be conducted in accordance with the provisions of the Data Privacy Act and the Data Privacy Policies of DepEd.
2. The DepEd health cards shall be properly accomplished/signed by health practitioners in the conduct of medical and dental examination and treatment. The health cards shall be stored at the school clinic for safekeeping by the designated clinic teacher.
3. One month after the conduct of the One Health Week, the SDOs shall prepare a Progress Report (Form A) on the implementation of *OK sa DepEd* in their respective divisions, covering the months of April to August. The report shall be submitted to the ROs not later than September 15 of the current year. The ROs shall then submit consolidated reports to the CO not later than September 30.
4. Toward the end of the school year, schools may engage stakeholders to conduct activities such as:
 - a. Evaluation of the entire package of health-related school-based programs and services as well as program management;
 - b. Determination of whether deliverables were served on time and in good quality;
 - c. Determination of the challenges and gaps as well as best practices in program implementation and health service delivery and formulation of program adjustments and interventions as needed; and
 - d. Writeshops on writing of reports.

5. The schools shall prepare the *OK sa DepEd* Annual Accomplishment Report (Form B) for submission to the SDO by the first week of March. The SDO shall submit consolidated and validated reports to the RO by the first week of April, and the RO to the CO-BLSS-SHD by the first week of May of each year (Form C).

I. Monitoring and Evaluation

Progress Monitoring, using a standardized monitoring tool provided by BLSS-SHD, shall be conducted to assess the efficiency of implementation of the program. During monitoring activities, all monitors are expected to correct practices that are not in accordance with the guidelines and provide recommendations to address problems/issues at hand which are within their function. Problems/issues needing resolution from higher authorities must be referred immediately for prompt action. Results of monitoring shall be integrated in the Program Accomplishment Report.

1. School Level - The School TWG, chaired by the School Head, is expected to monitor the daily health activities during the One Health Week, as well as the continuation of health and nutrition services and activities throughout the school year.
2. SDO Level - The Division TWG is expected to monitor the preparatory activities of the schools for the One Health Week, the actual conduct of the *OK sa DepEd* One Health Week, as well as the continuation of health and nutrition services and activities throughout the school year.
3. Regional Level - The Regional TWG is expected to monitor the activities of the SDOs, the progress of implementation, as well as issues and concerns on the preparatory activities and actual program implementation.
4. National Level - The National TWG is expected to monitor the activities of the ROs such as technical assistance to SDOs, orientation of SDOs, ensuring that the program is implemented on time, and the actual program implementation.

VI. ROLES AND RESPONSIBILITIES

A. The Central Office, through the School Health Division of the Bureau of Learner Support Services (BLSS-SHD) with guidance from the Office of the Undersecretary for Administration, shall:

1. Develop strategies and action plans including the setting up of a Program Technical Working Group (TWG), issue related policies, and take charge of the overall execution of this Program;

2. Allocate funds and prepare logistical plans for *OK sa DepEd*;
3. Undertake capacity development of and technical assistance to program implementers in all levels;
4. Undertake program oversight as well as monitoring and evaluation and research, analyze data from the field, and issue recommendations for improving program design and implementation;
5. Network and coordinate with partner agencies, organizations, and local government units (LGUs) for program advocacy, mobilization for public awareness campaigns, treatment referral, legislation, monitoring, and overall policy compliance;

B. The Regional Offices (RO) shall:

1. Create a Regional TWG for *OK sa DepEd*;
2. Prepare a Regional Implementation Plan for *OK sa DepEd*;
3. Provide technical assistance to SDOs on the conduct of training and orientation, funding sources, and link up with partners, among others;
4. Conduct training and capacity development for implementers, partners, and other stakeholders;
5. Undertake program advocacy with partners and other stakeholders;
6. Conduct monitoring and evaluation (M&E) and research; and
7. Consolidate and submit required reports.

C. The Schools Division Offices (SDO) shall:

1. Create a Division TWG for *OK sa DepEd*;
2. Prepare a Division Implementation Plan for *OK sa DepEd*;
3. Provide technical assistance to schools on the conduct of training and orientation, funding sources, and link up with partners, among others;
4. Conduct training and capacity development for implementers, partners, and other stakeholders;
5. Undertake program advocacy with partners and other stakeholders;
6. Do mapping of available partners as reference for school implementers;
7. Conduct monitoring and evaluation (M&E) and research; and
8. Consolidate and submit required reports.

D. Schools shall:

1. Create a School TWG for *OK sa DepEd*;
2. Prepare a School Action Plan for *OK sa DepEd*;
3. Identify and prepare the needed resources and facilities in the conduct of the program;
4. Network with and engage available and interested partners within their locality who shall participate in the program;
5. Ensure effective implementation of the *OK sa DepEd* and program activities in the school setting;

6. Source out funds, manpower, and other resources;
7. Coordinate with ROs and SDOs SHN Unit for the provision of health services
8. Ensure privacy of health data of learners at all times;
9. Mobilize the teachers, parents, community members, partners and other stakeholders to support the program;
10. Monitor program implementation to provide insights in the development of action plan and budgeting;
11. Prepare and submit required reports.

VII. PROHIBITIONS

Engagement with partners, especially business entities, shall be governed by the provisions of DepEd Order No. 39, s. 2009, which, among others, prohibits institutional endorsements of products and services.

Guidelines provided for by DepEd Order No. 13, s. 2017, especially when engaging with companies that manufacture carbonated beverages shall also be observed.

All DepEd personnel shall also strictly observe the prohibition on accepting donations or sponsorships from or having any financial or material involvement with the tobacco industry, which includes non-government organizations that receive funding from tobacco companies, in advancing this program, as stipulated in DepEd Order No. 48, s. 2016. To ensure compliance with DO 48, s. 2016, the CO, ROs, SDOs, and schools shall include a provision in all Memoranda of Agreement (MOA) entered into with donors and partners stating full commitment of all parties concerned to tobacco control implementation and stipulating that said donor or partner does not represent the interests of or receive funding from the tobacco industry. The template for the said provision is annexed to DO 48, s. 2016.

Partnership with milk companies is also prohibited, in compliance with Executive Order No. 51, s. 1986, otherwise known as the Philippine Milk Code of 1986.

VIII. REFERENCES

DepEd Order No. 40, s. 2017, "Guidelines for the Conduct of Random Drug Testing in Public and Private Secondary Schools."

DepEd Order No. 39, s. 2017, "Operational Guidelines on the Implementation of School-Based Feeding Program for School Years 2017-2022."

DepEd Order No. 37, s. 2017, "Department of Education Drug-Free Workplace Policy."

DepEd Order No. 32, s. 2017, "Creation of the Department of Education Drug-Free Workplace Committee."

DepEd Memorandum No. 13, s. 2017, "Dissemination of Executive Order No. 12 (Attaining and Sustaining 'Zero Unmet Need for Modern Family Planning' Through the Strict Implementation of the Responsible Parenthood and RHA, Providing Funds Therefor, and for Other Purposes)."

DepEd Memorandum No. 200, s. 2016, "Strengthening the National Drug Education Program in Schools"

DepEd Order No. 51, s. 2016, "Implementation of the School-Based Feeding Program for School Year 2016-2017."

DepEd Order No. 10, s. 2016, "Policy and Guidelines for the Comprehensive Water, Sanitation and Hygiene in Schools (WinS) Program."

DepEd Order No. 47, s. 2012, "Implementation of the School-Based HIV and AIDS Education Program (SBHAEP) of the Department of Education."

DepEd Order No. 43, s. 2011, "Strengthening the School Health and Nutrition Programs for the Achievement of the Education for All (EFA) and Millennium Development Goals (MDGs)."

DepEd Order No. 39, s. 2009, "Strict Adherence to DepEd Order No. 28, s. 2001."

DepEd Memorandum No. 253, s. 2008, "Expanded Universal Medical and Dental Check-up (E-UMDC)."

DepEd Memorandum No. 234, s. 2007, "2007 Universal Medical and Dental Check-up (UMDC)."

DepEd Memorandum No. 159, s. 2005, "National Schools Health Maintenance Drive."

DepEd Order No. 43, s. 2001, "Strengthening the School Health and Nutrition Programs for the Achievement of the Education for All (EFA) and Millennium Development Goals (MDGs)."

Jukes, M., Drake, L., & Bundy, D. (2008). *School Health, Nutrition, and Education for All: Levelling the Playing Field*. Massachusetts, USA: CABI Publishing.

"School and Youth Health," World Health Organization (WHO), accessed February 5, 2018, http://www.who.int/school_youth_health/gshi/en/

IX. SEPARABILITY CLAUSE

If for any reason, any portion or provision of this Order is declared unconstitutional, other parts or provisions hereof which are not affected thereby shall continue to be in full force and effect.

X. REPEALING CLAUSE

All prior orders, rules and regulations, part or parts thereof, inconsistent with the provisions of this Order, are hereby repealed or modified accordingly.

XI. EFFECTIVITY

These guidelines shall take effect immediately upon issuance.

C. ISSUES AND CONCERNS

FACILITATING FACTORS

(Discuss major outstanding factors that contributed to the successful implementation.)

HINDERING FACTORS

(Discuss major factors that caused delay or impeded implementation.)

RECOMMENDATIONS / ASSISTANCE NEEDED

Prepared by:

OK sa DepEd Focal Person

Regional Director/ Schools Division
Superintendent

Date

OPLAN KALUSUGAN SA DEPED
ACCOMPLISHMENT REPORT
(To be accomplished by the School Head)

DIVISION:	REGION:
SCHOOL:	SCHOOL ID:
SCHOOL ADDRESS:	
(Please check appropriate box) Level: <input type="checkbox"/> Elementary <input type="checkbox"/> Junior High School <input type="checkbox"/> Senior High School	
Type of School: <input type="checkbox"/> Central School <input type="checkbox"/> Non-Central School (complete) <input type="checkbox"/> Multigrade <input type="checkbox"/> Primary School / Incomplete <input type="checkbox"/> Integrated School	
SCHOOL HEAD:	CONTACT NUMBER:

A. COVERAGE								
Grade Level	Number of Learners				Number of School Personnel			
	Enrolment	Actual Examined	With findings	Given interventions	Enrolment	Actual Examined	With findings	Given interventions
TOTAL:								

B. ACCOMPLISHMENTS
Use School Health Division Form 2 as basis for accomplishing this table.

- 1. Common Signs and Symptoms (as reported by Nurses) –
- 2. Common Diseases (as diagnosed by Medical Doctors) –
- 3. Common Dental Problems (as diagnosed by Dentists) –

4. Nutritional Status

Body Mass Index-for-Age/ Weight-for-Age	Number of Learners	Height-for-Age	Number of Learners
Severely Wasted/ Severely Underweight		Severely Stunted	
Wasted/ Underweight		Stunted	
Normal		Normal	
Overweight		Tall	
Obese			
TOTAL:			

C. SUMMARY OF VOLUNTEER SERVICES
 Use OK sa DepEd Form C as basis for accomplishing this table.

Name of Organization/ Affiliation/ Institution	Number of Volunteers													No. of Learners and School Personnel		Estimated Value of Interventions Given	Other Services Rendered (if any)		
	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	Total	Examined	Given Intervention				

D. DONATIONS / RESOURCES GENERATED (Add additional sheets, if needed.)

Type of Donations	Quantity	Estimated Cost	Donor

E. SIGNIFICANT EVENTS OF SBFP, NDEP, ARH, WINS, AND OTHER HEALTH AND NUTRITION PROGRAMS / EXPERIENCES / GOOD PRACTICES (Use separate sheets, if needed)			
What happened?	Who were involved?	When?	Outcome: What is/are its important contribution to the Ok sa DepEd Program of the school?

<p>F. LESSONS LEARNED</p>	<p>G. SUGGESTIONS TO STRENGTHEN OK sa DepEd Program (include support needed from Central, Region, and Division Office that can increase the impact of OK sa DepEd Program in your school.)</p>
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H. PROPOSED PLAN OF ACTION FOR NEXT OK sa DepEd health services

I. PHOTOS (before, during and after)

Prepared by:

Date:

Name and Designation

Submit completed form to the SDO by 1st week of March.

OPLAN KALUSUGAN SA DEPED
ACCOMPLISHMENT REPORT
 (To be accomplished by the SDO/RO)

Region/Division:	Period Covered:
Office Address:	
Office Telephone Number:	Mobile Number:
Fax Number:	Email Address:
Number of Schools in the Region/Division: Elementary: _____ Secondary: _____ TOTAL: _____	

A. SUMMARY OF SCHOOLS AND BENEFICIARIES COVERED

Table 1. Number of students and school personnel covered by DepED and Volunteers

Grade / Year Level	Division Total Enrolment	Actual Number Examined	Actual Number Treated	Actual Number Referred
Kinder				
Grade 1				
Grade 2				
Grade 3				
Grade 4				
Grade 5				
Grade 6				
Total: Elementary				
Grade 7				
Grade 8				
Grade 9				
Grade 10				
Grade 11				
Grade 12				
Total: High School				
Grand Total: ES and HS				
DepEd Personnel				

Table 2. Number of Schools Covered

	Total Number of Schools
Elementary Schools	
High Schools	
Total :	

B. ACCOMPLISHMENTS

1. Common Signs and Symptoms (as reported by Nurses) –			
2. Common Diseases (as diagnosed by Medical Doctors) –			
3. Common Dental Problems (as diagnosed by Dentists) –			
4. Nutritional Status			
Body Mass Index-for-Age/ Weight-for-Age	Number of Learners	Height-for-Age	Number of Learners
Severely Wasted/ Severely Underweight		Severely Stunted	
Wasted/ Underweight		Stunted	
Normal		Normal	
Overweight		Tall	
Obese			
TOTAL:			

<p>F. LESSONS LEARNED</p>	<p>G. SUGGESTIONS TO STRENGTHEN OK sa DepEd Program (include support needed from Central and Regional Offices that can increase the impact of OK sa DepEd Program)</p>
---------------------------	--

H. PROPOSED PLAN OF ACTION FOR NEXT OK sa DepEd

I. PHOTOS (before, during and after)

<p>Prepared by:</p> <p><i>Name and Designation</i></p>	<p>Date:</p>
---	--------------

Submit completed form to the RO by 1st week of April/ CO by 1st week of May.



Republic of the Philippines
Department of Education
 REGION III-CENTRAL LUZON

CHIEF, REGIONAL OFFICE III
 003815
 NOV 08 2022

REGIONAL MEMORANDUM
 No. 621, s. 2022

**CO-CURRICULAR ACTIVITIES THAT ARE ALLOWABLE TO BE CONDUCTED
 STARTING SCHOOL YEAR 2022-2023**

To: Schools Division Superintendents
 Curriculum Implementation Division Chiefs
 Education Program Supervisors
 Public Schools District Supervisors
 Public Elementary and Secondary School Heads
 All Others Concerned

1. This is relative to Department of Education Order (DO) No. 34, s. 2022, where it is stated that School Year 2022-2023 shall consist of 203 school days and this number of school days shall solely be dedicated to academics/curricular activities and related co-curricular activities. **The conduct of extra-curricular activities shall be strictly prohibited.**
2. The following are defined in the mentioned DO and taken from DO 21, s. 2019 to avoid confusion:
 - a. **Curricular Activities** are opportunities and experiences undertaken by the learners in the classrooms, laboratories, workshops, and homes as well as school-based and out-of-school activities conducted to ensure the learners' acquisition of the K to 12 learning standards and the 21st -century skills;
 - b. **Co-curricular Activities** are authorized, voluntary, and non-graded engagements, whether on or off-campus, that reinforce the development of 21st -century skills beyond the scheduled contact time between teachers and learners. The activities must be anchored on the curriculum's content and performance standards. They are considered an extension of formal learning experiences and are provided to tap into and enrich the varied intelligences and skills of learners; and
 - c. **Extra-curricular activities** are also voluntary, non-graded learner engagements that are not anchored on the content and performance standards in the curriculum and are offered/coordinated by the school to promote the learner's holistic development.
3. Schools are encouraged to integrate the celebrations/observances provided for by law in Enclosure No. 3 of DO 34, s. 2022, into curricular activities that may be undertaken in the classroom, as they deem reasonable and appropriate, so long as the total number of school days shall not be compromised.
4. It is reiterated that pursuant to the objectives of *Sulong Edukalidad*, as stated in DO 34, s. 2022, **schools shall strictly devote 10 weeks of every academic**



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REGION III-CENTRAL LUZON

quarter to actual classroom teaching. The eleventh week of each quarter may be used for the conduct of co-curricular activities.

5. The following are the co-curricular activities that can be conducted:
 - a. **Scouting**
 - b. Press Conference
 - c. Science and Technology Fair
 - d. Festival of Talents
 - e. Sports
 - f. Culminating Activities in Different Learning Areas
 - g. Activities relative to Supreme Pupil Government (DO 45, s. 2007, re: Institutionalization of the Supreme Pupil Government in All Elementary Schools Nationwide)
 - h. Activities relative to Supreme Student Government (DO 49, s. 2011, re: Mandated Programs, Projects, and Activities of the Supreme Student Government)
6. School Heads shall prepare a school calendar to reflect the co-curricular activities for the entire school year for the approval of the concerned Schools Division Superintendent.
7. Other co-activities that are not cited in Item No. 5 shall be allowed provided that:
 - a. there are learning standards (content standard, performance standard, and learning competencies) where the activities can be anchored;
 - b. the activities shall be held outside class hours, on weekends, or during school breaks;
 - c. the learning standards where the activities can be anchored are checked/validated and recommended for approval by the Division Learning Area Education Program Supervisors and approved by the Schools Division Superintendents; and
 - d. the approved activities are included in the school calendar prepared by the school head in Item No. 6.
8. **Beauty contests and other related activities** that are conducted for the sake of fundraising are strictly prohibited.
9. **Educational Field Trips/Tours** shall be allowed provided that the organizer(s) shall strictly adhere to the DO 66, s. 2017, titled "Implementing Guidelines on the Conduct of Off-Campus Activities.
10. **Service credits for teaching personnel and Compensatory Time-Off (CTO) for non-teaching personnel** will be granted in lieu of the activity/workshop days that will fall on either holidays or weekends per DO 53, s. 2003, titled *Updated Guidelines on Grant of Vacation Service Credits to Teachers*, and Civil Service Commission-Department of Budget and Management Joint Circular No. 2, s. 2015, re: *Policies and Guidelines on Overtime Services and Overtime Pay for Government*

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


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Employees, respectively. In addition, pursuant to DepEd Memorandum No. 065, s. 2021, one workday of vacation service credit shall be granted per accumulated eight hours of service rendered. Moreover, under this mentioned Memorandum, the 15-day limitation under DO 53, s. 2003, is suspended to allow teachers to claim service credits exceeding 15 days.

11. The provisions of this Memorandum shall be in effect immediately and shall remain in force until revoked or rescinded.
12. Wide dissemination of and compliance with this Memorandum is desired.


MAY B. ECLAR PhD, CESO III
Regional Director

Encl.: None

References:

- DepEd Order No. 34, s. 2022, School Calendar and Activities for the School Year 2022-2023
- DepEd Memorandum No. 065, s. 2021, Clarificatory Guidelines on the Grant of Vacation Service Credits to Teachers for School Year 2020-2021 In Light of the COVID-19 Pandemic
- DepEd Order No. 66, s. 2017, Implementing Guidelines on the Conduct of Off-Campus Activities
- Civil Service Commission-Department of Budget and Management Joint Circular No. 2, s. 2015, Policies and Guidelines on Overtime Services and Overtime Pay for Government Employees
- DepEd Order No. 49, s. 2011, re: Mandated Programs, Projects, and Activities of the Supreme Student Government
- DepEd Order No. 45, s. 2007, re: Institutionalization of the Supreme Pupil Government in All Elementary Schools Nationwide
- DepEd Order No. 53, s. 2003, titled Updated Guidelines on Grant of Vacation Service Credits to Teachers, and Civil Service Commission-Department of Budget

To be indicated in the Perpetual Index
under the following subjects:

**CO-CURRICULAR ACTIVITIES
CONTENT STANDARDS
LEARNERS**



**LEARNING COMPETENCIES
PERFORMANCE STANDARDS
TEACHERS**

Clmd1
October 28, 2022

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Certificate No. AJA17-0277

	Quality Form		Document Code:
	Oplan Kalusugan sa DepEd Accomplishment Report Form (Revised OKD Form A)		Revision:
			Effectivity date: 09-1-2019
			BLSS-School Health Division

Region/Division:	Period Covered:
School Name & ID:	
School Address:	
School Telephone Number:	Mobile Number:
Fax Number:	Email Address:
Total Enrolment:	Total No. of T & NTP:

A. SUMMARY OF SCHOOLS AND BENEFICIARIES COVERED

Table 1. Number of Learners and School Personnel Covered by DepEd and Volunteers

Grade Level	Total Enrolment		Actual Medically Examined		With Findings		Given Interventions	
	M	F	M	F	M	F	M	F
Kinder								
Grade 1								
Grade 2								
Grade 3								
Grade 4								
Grade 5								
Grade 6								
Grade 7								
Grade 8								
Grade 9								
Grade 10								
Grade 11								
Grade 12								
SPED								
TOTAL:								
Grand TOTAL:								
Teachers								
Non-Teaching Personnel								
Non-plantilla personnel								
TOTAL:								

Table 2. Type of School (Check the appropriate box)

Grade Level	TYPE							TOTAL
	Central School	Non-Central School	Multigrade	Primary School/ Incomplete	Complete Junior HS only	Junior HS with Senior HS	Stand-alone Senior HS	
Elementary								
Secondary								
Integrated School								
TOTAL								

B. ACCOMPLISHMENTS

1.a SCHOOL BASED FEEDING PROGRAM (SBFP) & NUTRITION-SUPPORT

1.a.1. SBFP Coverage:

Check which is applicable		
With SBFP (K-6)	Covered by Partners	Not covered by SBFP or Partners

1.a.2. SBFP Coverage: Learners

Grade Level	TARGET	ACTUAL				
		Severely Wasted	Wasted	Severely Stunted that are not SW/W	Stunted that are not SW/W	TOTAL
Kinder						
Grade 1						
Grade 2						
Grade 3						
Grade 4						
Grade 5						
Grade 6						
SPED						
TOTAL						

1.a.3. SBFP Funds

Tranches	Budget Allocation as per GAA	Funds Utilized	Percent Utilization (col 3/2*100%)
Total:	0	0	0

1.a.4. SBFP Nutritional Status - Before & After Feeding

Grade Level	Number of Beneficiaries fr Table 1.a.2	Number of Beneficiaries After Feeding					% Rehabilitated
		Severely Wasted	Wasted	Normal	Overweight + Obese	TOTAL	
Kinder							
Grade 1							
Grade 2							
Grade 3							
Grade 4							
Grade 5							
Grade 6							
SPED							
TOTAL							

1.a.5. Gulayan sa Paaralan contributionto SBFP

% Contribution of GPP to SBFP expenses (Check which is applicable per school)			
0-4%	5-24%	25-49%	>50%

Note : On the GPP record, all vegetables used for SBFP should be itemized with corresponding quantity and cost. The Total cost of vegetables used divided by (number of beneficiaries X 16.00 X 120 days) X 100 = % contribution to the feeding program

1.a.5. Gulayan sa Paaralan

School	Amount of Financial Assistance Given

2. NATIONAL DRUG EDUCATION PROGRAM (NDEP)

Activity (Provide specific activity/ies conducted in schools)	No. of Learners		No. of Participants/ Members/ Coaches/ Advisers	
	Elementary	High School	Teachers/NTP	Learners
Systematic Training for Effective Parenting				
Barkada Kontra Droga				
Universal Preventive Curricula				
Life Skills Training				
Orientation on RA 9165				
Tobacco Control				
Red Cross Youth				

3. ADOLESCENT REPRODUCTIVE HEALTH (ARH)

3.a. Teenage Pregnancy Data in Public Schools (June 2018 - March 2019)

Grade Level	No. of pregnant learners	No. of learners: Trimester of Pregnancy at first clinic consultation/ referral			No. of learners: Quarter of CY Reported for first clinic consultation/ referral				Impregnator: Number		
		1 st	2 nd	3 rd	1 st	2 nd	3 rd	4 th	Minor	Adult	Undetermined

3.b Status of Pregnant Learners

Grade Level	ACCESS TO EDUCATION - No. of Learners			ACCESS TO HEALTH SERVICES - No. of Learners		
	No. In School	No. On ADM	No. Dropped	No. to Barangay RHU/ MHSO	No. with Private OB	No. Lost to Follow up

3.c. ARH Activities

Activities (Specify activities in the school)	No. of Learners		No. of Participants/ Members/ Coaches/ Advisers	
	Elementary	High school	Teachers/ NTP	Learners
Teen Center				
HIV /AIDS trainings/ lectures				
Mental Health Trainings/ lectures				
Red Cross Youth				
Others:				
TOTAL AVE.				

4. WASH IN SCHOOLS (WINS)

School	Three-Star Approach Rating (Check the school's rating)				REMARKS
	0	1	2	3	
Muñoz National High School-Annex				/	

5. SCHOOL MENTAL HEALTH

5.a. Licensed Mental Health Professionals

School	Number of Registered Guidance Counselors	Number of Registered Psychologists	Number of Licensed Psychometricians	Other (Specify)
Muñoz National High School-Annex				

5.b. Other Certified Mental Health Professionals

Formal/ Certificate of Training	Number of Trained Personnel		
	Health personnel	Other non-teaching personnel	Teaching personnel
Guidance Counselor			

5.c. Capacity Building Activities Conducted

Activity Conducted (Specify title of activity)	Check if Elementary School or High School		No. of Participants		
	Elementary	High school	NTP	Teachers	Learners
TOTAL					

5.d. Cases of Mental Health

Grade Level	No. of Cases in Learners			Interventions	Remarks
	M	F	Total		
7					
8					
9					
10					
11					
12					

Grade Level	No. of Cases in Personnel			Interventions	Remarks
	M	F	Total		

6. MEDICAL-DENTAL-NURSING SERVICES

(Use School Health Division Form 5 as basis for accomplishing this table)

6.a. Ten Most Common Signs and Symptoms (as reported by nurse)

Sign/Symptom	Number of Cases	% of those assessed (Col 2/ Total Examined x 100%)

6.b. Ten Most Common Diseases (as Diagnosed by Medical Doctors)

Diagnosis	Number of Cases	% of those assessed (Col 2/ Total Examined x 100%)

6.e. School-Based Immunization Program

Grade Level	Sex	Enrollment	No. Immunized				REMARKS
			1st Dose		2nd Dose		
			MR	Td	MR	Td	
Grade 1	M						
	F						
Grade 7	M						
	F						

Grade Level	Sex	Enrollment	No. Immunized				REMARKS
			1st Dose		2nd Dose		
			HPV		HPV		
Grade 4	F					(For 9 yrs old & above only)	

6.f. Deworming Program

Grade Level	Sex	Enrolment	1st Dose		2nd Dose	
			No. Dewormed	% Enrolment	No. Dewormed	% Enrolment
Kinder	M					
	F					
Grade 1	M					
	F					
Grade 2	M					
	F					
Grade 3	M					
	F					
Grade 4	M					
	F					
Grade 5	M					
	F					
Grade 6	M					
	F					
Grade 7	M					
	F					
Grade 8	M					
	F					
Grade 9	M					
	F					
Grade 10	M					
	F					
Grade 11	M					
	F					
Grade 12	M					
	F					
SPED	M					
	F					
ALS	M					
	F					
TOTAL	M					
	F					

6.g. Weekly Iron Folic Acid (WIFA) Supplementation Program

Grade Level	Enrolment of Female Learners	No. Given IFA		% Enrolment	
		1st Dose	2nd Dose	1st Dose	2nd Dose
Grade 7					
Grade 8					
Grade 9					
Grade 10					
Grade 11					

Grade 12					
ALS					
TOTAL					

6.h. Visual & Auditory Assessment

6.h.1 Vision Screening

Grade Level	Sex	Enrolment	No. Assessed	No. Passed	No. Failed	No. Referred	Remarks
Kinder	M						
	F						
Grade 1	M						
	F						
Grade 4	M						
	F						
Grade 7	M						
	F						
Grade 10	M						
	F						
TOTAL	M						
	F						

6.h.2. Auditory Screening

Grade	Sex	Enrolment	No. Assessed	No. Passed	No. Failed	No. Referred	Remarks
Kinder	M						
	F						
Grade 1	M						
	F						
Grade 4	M						
	F						
Grade 7	M						
	F						
Grade 10	M						
	F						
TOTAL	M						
	F						

6.i. Nutritional Status

6.i.1. BASELINE NUTRITIONAL STATUS

6.i.1.a Baseline for Elementary Learners

Grade	Sex	Enrolment	No. Assessed	SW/SU	W/U	N	OW	Ob	SSt	St	N	T
Kinder	M											
	F											
1	M											
	F											
2	M											
	F											
3	M											
	F											
4	M											
	F											
5	M											
	F											
6	M											
	F											
SPED	M											
	F											
TOTAL	M											
	F											

6.i.1.b Baseline for Junior and Senior High School Learners

Grade	Sex	Enrolment	No. Assessed	SW/SU	W/U	N	OW	Ob	SSt	St	N	T
7	M											
	F											
8	M											
	F											
9	M											
	F											
10	M											
	F											
11	M											
	F											
12	M											
	F											
TOTAL	M											
	F											

6.i.2. ENDLINE NUTRITIONAL STATUS

6.i.2.a Endline for Elementary Learners

Grade	Sex	Enrolment	No. Assessed	SW/SU	W/U	N	OW	Ob	SSt	St	N	T
Kinder	M											
	F											
1	M											
	F											
2	M											
	F											
3	M											
	F											
4	M											
	F											
5	M											
	F											
6	M											
	F											
SPED	M											
	F											
TOTAL	M											
	F											

6.i.2.b Endline for Junior and Senior High School Learners

Grade	Sex	Enrolment	No. Assessed	SW/SU	W/U	N	OW	Ob	SSt	St	N	T
7	M											
	F											
8	M											
	F											
9	M											
	F											
10	M											
	F											
11	M											
	F											
12	M											
	F											
TOTAL	M											
	F											

C. SUMMARY OF VOLUNTEER SERVICES

Table . Number of Partners Involved

Name of Organization/ Affiliation/ Institution	Number of Volunteers	No. of Learners		No. of School Personnel	
		Examined	Treated	Examined	Treated

D. DONATIONS/ RESOURCES GENERATED

(Add Additional Sheets, if needed)

Type of Donations	Quantity	Estimated Cost

E SIGNIFICANT EVENTS OF SBFP, NDEP, ARH, WINS, SMH, AND OTHER HEALTH AND NUTRITION PROGRAMS/ EXPERIENCES/ GOOD PRACTICES

(Add Additional Sheets, if needed)

What happened?	Who were involved?	When	Outcome: What is/are its important contribution to the OK sa DepEd Program of the school?

F. LESSONS LEARNED	G. SUGGESTIONS TO STRENGTHEN OK SA DEPED PROGRAM <i>(Include support needed from Central, Region, and Division Office that can increase the impact of OK sa DepEd Program in the schools)</i>

H. PROPOSED PLAN OF ACTION FOR NEXT OK SA DEPED HEALTH SERVICES

I. PHOTOS (Before, During and After)

Prepared by:

Noted:

OK sa DepEd Focal Person

Schools Division Superintendent

Date: _____

Submit completed on 4th week of March



Republic of the Philippines
Department of Education
 REGION III – CENTRAL LUZON
 SCHOOLS DIVISION OFFICE - SCIENCE CITY OF MUÑOZ

Annex B

Designated Coordinators/Focal Persons and Co-ordinators/Alternates of OK sa DepEd Flagship and Support Programs

SDO Science City of Munoz

Program	Coordinator/Focal Person	Co-Coordinator/Alternate
OK sa DepEd		
1. School-Based Feeding Program (SBFP)		
➤ SBFP-NFP	Evangeline A. Bautista, RN	Marianne C. Coronel, MD
➤ SBFP-Milk	Evangeline A. Bautista, RN	Marianne C. Coronel, MD
Nutrition Support Program (e.g., ISNM, NSIP, Food Safety, Healthy Food Choices)	Jayson V. Flores, DMD	Marianne C. Coronel, MD
2. WASH in Schools	Marianne C. Coronel, MD	Evangeline A. Bautista, RN
3. Adolescent Reproductive Health	Charmaine Eljie R. Rayos, RN	Marianne C. Coronel, MD
4. National Drug Education Program	Charmaine Eljie R. Rayos, RN	Marianne C. Coronel, MD
Comprehensive Tobacco Control (Program Coordinator)	Charmaine Eljie R. Rayos, RN	Marianne C. Coronel, MD
Brief Tobacco Intervention Provider	Charmaine Eljie R. Rayos, RN	Marianne C. Coronel, MD
5. School Mental Health	Mark Sydore I. Arimbuyutan, RN	Rosan Ariston
6. Medical, Dental, and Nursing		
6a. Dental Services/School Dental Health Care Program	Jayson V. Flores, DMD	Marianne C. Coronel, MD
6b. Medical and Nursing Services (Overall)	Marianne C. Coronel, MD	Mark Sydore I. Arimbuyutan, RN
➤ Integrated Helminth Control Program	Mark Sydore I. Arimbuyutan, RN	Marianne C. Coronel, MD
➤ Vision Screening	Evangeline A. Bautista, RN	Mark Sydore I. Arimbuyutan, RN
➤ School-Based Immunization Program	Mark Sydore I. Arimbuyutan, RN	Marianne C. Coronel, MD
➤ Weekly Iron Folic Acid (WIFA) Supplementation	Mark Sydore I. Arimbuyutan, RN	Marianne C. Coronel, MD
➤ Tuberculosis	Charmaine Eljie R. Rayos, RN	Marianne C. Coronel, MD



Loyal, Excellent, Accountable and Dedicated to Service

Address: Brgy. Rizal, Science City of Muñoz, 3119

Telephone No.: (044) 806 -2192; Email Address: munozscience.city@deped.gov.ph



Certificate No. 50500731 QM15



Republic of the Philippines
Department of Education

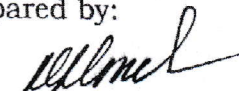
REGION III – CENTRAL LUZON
 SCHOOLS DIVISION OFFICE - SCIENCE CITY OF MUÑOZ

➤ Nutritional Assessment	Evangeline A. Bautista, RN	Marianne C. Coronel, MD
➤ COVID-19 Response and Management	Marianne C. Coronel, MD	Mark Sydore I. Arimbuyutan, RN
➤ COVID-19 Vaccination	Marianne C. Coronel, MD	Mark Sydore I. Arimbuyutan, RN
➤ Rabies Prevention and Control	Charmaine Eljie R. Rayos, RN	Marianne C. Coronel, MD


Does the SDO have a Facebook page dedicated for Ok sa DepEd/School Health and Nutrition Programs?

Page name and address	
Page owner/admin/manager	
Other social media accounts	

Prepared by:


MARIANNE C. CORONEL, MD
 Medical Officer III

Approved by:


DANTE G. PARUNGAO, CESO V
 Schools Division Superintendent

Email Address of Designated Coordinators/ Focal Persons and Co-ordinators/Alternates of OK sa DepEd Flagship and Support Programs

Name of Focal Person/ Alternate	Email Address
MARIANNE C. CORONEL, MD	marianne.coronel@deped.gov.ph
JAYSON V. FLORES, DMD	jayson.flores002@deped.gov.ph
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